

## WHAT RISKS ARE POSED TO MY CHILD ONLINE?

It is important to remember that the internet is a fantastic resource and creates a plethora of opportunities for both adults and young people.

The internet reflects behaviour in the real world; however users tend to feel less inhibited when online.

Young people often **UNKNOWINGLY SHARE PERSONAL INFORMATION ONLINE**

IT IS EASY TO LIE ONLINE, so you don't always know who you're talking to

Young people tend to forget online actions have offline & often **LONG TERM CONSEQUENCES**

## WHAT CAN YOU DO TO PROTECT YOUR CHILD?

DON'T BE INTIMIDATED BY THE TECHNOLOGY AND KEEP TALKING TO YOUR CHILD ABOUT THEIR ONLINE LIFE.

PRIVACY IS A KEY ISSUE ONLINE SO REMIND YOUR CHILD TO KEEP THEIR PERSONAL INFORMATION PRIVATE.

HELP YOUR CHILD CREATE **STRONG PASSWORDS** (NOT EASY TO GUESS, A COMBINATION OF NUMBERS, CAPITAL LETTERS AND SYMBOLS) FOR THEIR ACCOUNTS.

## STEPS TO PROTECTION:

Tick the boxes that apply

- I have installed a **web safe browser** on our computer
- I have asked my child to **show me the sites** they use
- I have talked to **my child's mobile phone provider** about filtering software
- I have asked my child to set their **profile settings to private** and add the ClickCEOP app to their facebook profile: [www.facebook.com/clickceop](http://www.facebook.com/clickceop)
- My child has agreed to tell me if they are **worried about something online**



The project is co-funded by the European Union, through the Safer Internet Plus programme <http://ec.europa.eu/saferinternet>



**VIRTUAL GLOBAL TASKFORCE**

For lots of information and advice please visit [www.thinkuknow.co.uk/parents](http://www.thinkuknow.co.uk/parents)



## PRIVACY

Chatting to friends on sites like **Facebook or MySpace** is really cool, but how much information does your profile give away about you?

### WHAT'S ON YOUR PROFILE?

- FULL NAME \*
- HOME ADDRESS \*
- MOBILE NUMBER \*
- PHOTOS OF YOU \*
- SCHOOL NAME \*
- WHERE YOU'RE GOING ON SATURDAY \*

Imagine if someone wanted to **find you or learn stuff** about you to bully you. Would the information on your profile make this pretty easy? Your personal information may be **more public than you think ...**

- ★ **SET YOUR PRIVACY SETTINGS TO 'PRIVATE'** so only people you accept as friends can view your profile.
- ★ Only upload photos you'd be happy to show a stranger, your mum or a future employer; **YOU NEVER KNOW WHERE IT MAY END UP.**
- ★ **THINK ABOUT WHETHER YOU'RE GIVING SOMEONE 'CLUES'** to finding you, before you write stuff on your profile.
- ★ Add the **FACEBOOK 'CLICKCEOP' APP** - [www.facebook.com/clickceop](http://www.facebook.com/clickceop)

## CYBERBULLYING

Some people use technology to **bully others**. This is not right and you do not have to put up with it. If you are aware that someone is being cyberbullied, it is **your duty to report it.**

### IF YOU ARE BEING CYBERBULLIED:

- ★ **SAVE** any abusive texts, emails or other evidence.
- ★ **DO NOT RESPOND TO OR CONFRONT THE BULLY;** if they get a reaction from you it may encourage them.
- ★ **TELL AN ADULT YOU TRUST** and they will be able to help make it stop.
- ★ For **HELP AND ADVICE AROUND CYBERBULLYING** visit: [www.cybermentors.org.uk](http://www.cybermentors.org.uk)

## WHO CAN I TELL IF I'M WORRIED

If something is happening online that **makes you feel weird** or uncomfortable, there are people you can tell that can help.

VISIT

[www.thinkuknow.co.uk](http://www.thinkuknow.co.uk) for lots of information and advice about how to protect yourself and **where to go for help** with different issues.

Check out the **ClickCEOP button** in places like Microsoft's Internet Explorer 8, Windows live Messenger, Google Chrome and Facebook.

